

WON'T GO TO BED ON TIME



Bedtime 8:15

- 1) It's time for bed
- 2) PJs
- 3) Brush teeth
- 4) Story (must be in bed)

Gets up → Put in bed (over & over)

No Talking
No Hugs
No Drinks
No Food

10 in a row

1 2 3 4 5 6 7 8 9 10